



November 2023

Military & Family Readiness Center



M&FRC Hours of Operation: Monday-Friday 0700-1600
 Call us: 618-256-8668 or Email us: aafrc@us.af.mil
 Visit www.scottmfrc.com or use the QR Code for M&FRC program info!
 To Register for workshops, click on the Workshop & Event Registration button on the webpage.

Sun	Mon	Tue	Wed	Thu	Fri	Sat
In November we recognize.... Month of the Military Family Warrior Care Month Children’s Grief Awareness Month			1	2	3	4
			<div style="background-color: yellow; border: 1px solid black; padding: 2px;">0800-1600 TAP Curriculum</div> 1400 Pre-Deployment	<div style="background-color: yellow; border: 1px solid black; padding: 2px;">0800-1600 TAP DOL Employment Workshop</div> 0730 Hands on LinkedIn 0900 Reintegration	1200-1600 M&FRC Open House—Month of Military Family Kickoff	0800 Grief Recovery Method
5	6	7	8	9	10	11
0800 Federal Employment Workshop 0900 Reintegration 1200/1900 Dependent Care FSA Info Session—Zoom	0800 Newcomers Orientation	0800 Pre-Separation Counseling (Retiree) 1400 Pre-Deployment	AMC Family Day M&FRC Closed	Veteran’s Day Holiday Observed M&FRC Closed	Happy Veterans Day!	
12	13	14	15	16	17	18
	<div style="background-color: yellow; border: 1px solid black; padding: 2px;">0800-1600 TAP DOL Career/Credential Track</div> 0900 Reintegration 1200 Holiday Spending Lunch and Learn	0830 Key Spouse Initial Training 1200 Healthcare Job Fair 1300 Remote Tour 1330 Key Spouse Refresher Training	0800 Pre-Separation Counseling (Separatee) 1100 Key Spouse Continuing Education 1300 Bundles for Babies 1400 Pre-Deployment	M&FRC Closed for Training 1700 Breast Cancer Support Group	0900 Smooth Move PCS Workshop 1200 Hands On LinkedIn 1800 Hearts Apart Thanksgiving Dinner	
19	20	21	22	23	24	25
	0900 Reintegration	0800 Newcomers Orientation	1400 Pre-Deployment	Thanksgiving M&FRC Closed	AMC Family Day M&FRC Closed	
26	27	28	29	30	EFMP November Events	
	<div style="background-color: yellow; border: 1px solid black; padding: 2px;">0800-1600 TAP Curriculum Workshop</div> 0900 Reintegration		0900 Ditching the Dorms 1400 Pre-Deployment	<div style="background-color: yellow; border: 1px solid black; padding: 2px;">0800-1600 TAP DOLEW</div> 0900 Reintegration 1400 Virtual Pre-Arrival Workshop	17 Nov Adult Connect, Communicate, Create Group 28 Nov Special Olympics Basketball Practice—James Gym	



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Happy Holidays!



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Sun	Mon	Tue	Wed	Thu	Fri	Sat
EFMP December Events 5, 12, 19 December 1630—1830 Special Olympics Basketball— James Gym 8 Dec/1130 Special Education Rights & Bites -M&FRC 12 December—EFMP Orientation—Zoom 15 December—Sensory Movie Night—Library Auditorium					1	2
	0800-1500 Hands On Your Career Workshop		0800 Pre-Separation Counseling (Retiree) 1400 Pre-Deployment	0900 Reintegration	0800-1600 TAP DOLEW	
3	0800 VA Benefits and Services Refresher 0900 Reintegration	0800 Newcomers 1230 Widow Support Group			1130 Foodie Friday	
10	0800-1600 TAP Curriculum Workshop			0800-1600 TAP DOL Employment Workshop		0900 EFMP Open House with Santa
	0800 Federal Employment Workshop 0900 Reintegration	0800 Rock Your Resume 0830 Key Spouse Initial Training 1330 Key Spouse Refresher Training	0830-1600 TAP Boots to Business	1400 Pre-Deployment	0900 Reintegration	
17	0900 Reintegration 1200 Financial Foundations: Planning for Retirement	0800 Newcomers Orientation 1230 Widow Support Group	0800 Pre-Separation Counseling (Separatee) 0900 Ditching the Dorms 1100 Key Spouse Continuing Education 1400 Pre-Deployment	M&FRC Closed for Training 1700 Breast Cancer Support Group		AMC Family Day M&FRC Closed
24	25 Christmas Day M&FRC Closed	26	1400 Pre-Deployment	28	29 AMC Family Day M&FRC Closed	30
31				0900 Reintegration 1400 Virtual Pre-Arrival		

Here When You Need Us...



Casualty Assistance – To report an active duty death, call 618-256-6508 or Command Post 618-256-5891



<https://www.scott.af.mil/About-Us/We-Care/>

SCOTT AFB M&FRC

VISIT US

404 W. Martin Street, Building 1650
www.scottmfr.com

CALL US

M&FRC: (618) 256-8668
Adult Military & Family Life Counselor (MFLC):
(618) 631-2421 or (618) 477-1620

EMAIL US

M&FRC: aafr@us.af.mil

Transition Assistance Program (TAP):
375fss.afrc.tap@us.af.mil

Exceptional Family Member Program (EFMP):
375fss.efmp@us.af.mil

Voting Assistance Program: vote-02-02@us.af.mil

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