



April 2024

Military & Family Readiness Center



M&FRC Hours of Operation: Monday-Friday 0700-1600
 Call us: 618-256-8668 or Email us: aafrc@us.af.mil
 Visit www.scottmfrc.com or use the QR Code for M&FRC program info!
 To Register for workshops, click on the Workshop & Event Registration button on the webpage.

Sun	Mon	Tue	Wed	Thu	Fri	Sat
	1 0800 Rock Your Resume 0900 Reintegration	2 1200 Hands On LinkedIn	3 0800 Pre-Separation Counseling (Retiree) 1400 Pre-Deployment 1430 Grief Recovery Method 1600 Month of Military Child Kickoff (Stars & Strikes parking lot)	4 0830 -1600 TAP Boots to Business 0900 Reintegration	5 1130 Autism Awareness Month 5K—Warrior Park	6
7	8 0800-1600 TAP Curriculum Workshop 0900 Reintegration	9 0800 Newcomers Key Spouse Training 0830 Initial 1400 Refresher	10 1400 Pre-Deployment 1430 Grief Recovery Method	11 0800-1600 TAP DOL Employment Workshop 0900 Reintegration	12 1800 Red Cross—Intro to Psychological First Aid & Resilience	13
14	15 0800 VA Benefits and Services Refresher 0900 Reintegration 1200 Financial Foundations Lunch & Learn—Digital Assets	16 1300 Homebuying Class 1300 Remote Tour Briefing	17 0800-1600 TAP 2 Day Education Track—Ed Center 0800 Pre-Separation Counseling (Separatee) 1100 Key Spouse Cont. Ed 1400 Pre-Deployment 1430 Grief Recovery Method	18 M&FRC Closed for Training 1700 Cancer Support Group	19 0900 Smooth Move PCS Workshop 1730 Key Spouse Recognition @ SEC	20
21	22 0800-1600 TAP Curriculum Workshop 0900 Reintegration 0900 Navigating Divorce Seminar (Virtual or In Person)	23 0800 Newcomers Orientation 1230 Widow Support Group	24 0900 Ditching the Dorms 1400 Pre-Deployment	25 0800-1600 TAP DOL Employment Workshop 0900 Reintegration	26 1400 Virtual Pre Arrival Q&A	27
28	29 0800 Hands on Your Career (Day 1) 0900 Reintegration	30 0800 Hands on Your Career (Day 2)	EFMP April Events 1, 8, 15, 22 April 1700 Young Athletes @ Base Auditorium 2, 9, 16, 23, 30 April 1700 Special Olympics Track & Field Practice @ James Gym/ Outdoor Track 12 April 1130 Special Education Rights and Bites @ M&FRC or Zoom 12 April 1700 Respite Provider Meet & Greet @ Base Auditorium 12 April 1730 Sensory Friendly Movie @ Base Auditorium			



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Sun	Mon	Tue	Wed	Thu	Fri	Sat
EFMP May Events			1	2	3	4
10 May—1130-1230 Special Education Rights and Bites (M&FRC or Zoom) 10 May—1730 Sensory Friendly Movie			0800 Pre-Separation Counseling (Retiree) 1400 Pre-Deployment	0900 Reintegration	1300 Employment Recruiter Roundtable 1800 Red Cross—Psychological First Aid	
5	6	7	8	9	10	11
0800-1600 TAP Curriculum Workshop				0800-1600 TAP DOL Employment Workshop		
	0900 Reintegration	0800 Newcomers Orientation	1400 Pre-Deployment	0900 Reintegration	1600 Military Spouse Appreciation	
12	13	14	15	16	17	18
	0900 Reintegration	Key Spouse Training 0830 Initial 1400 Refresher	0800-1600 TAP 2 Day Education Track—Ed Center		M&FRC Closed for Training 1700 Breast Cancer Support Group	0800 Your Federal Job Search 0830 Spouse Orientation and Tour 0900 Smooth Move PCS Workshop
	0800 Pre-Separation Counseling (Separatee) 1100 Key Spouse Continuing Education 1300 Bundles for Babies 1400 Pre-Deployment					
19	20	21	22	23	24	25
	0900 Reintegration 1100 Federal Employment Job Fair 1200 Financial Foundations: Lunch & Learn—Saving and Investing	0800 Newcomers Orientation 1300 Remote Tour Briefing	0900 Ditching the Dorms 1400 Pre-Deployment	0900 Reintegration	AMC Family Day M&FRC Closed	
26	27	28	29	30	31	
Memorial Day M&FRC Closed		1230 Widow Support Group	1200 PMP Lunch/Learn 1400 Pre-Deployment	0800-1600 TAP DOL Career/Credential Track (C2E)		
				0800 Rock Your Resume 0900 Reintegration	1200 Hands On Linked In 1400 Virtual Pre-Arrival Q&A	

Here When You Need Us...



Casualty Assistance – To report an active duty death, call
618-256-6508 or Command Post 618-256-5891



<https://www.scott.af.mil/About-Us/We-Care/>

SCOTT AFB M&FRC

VISIT US

404 W. Martin Street, Building 1650
www.scottmfr.com

CALL US

M&FRC: (618) 256-8668
Adult Military & Family Life Counselor (MFLC):
(618) 631-2421 or (618) 477-1620

EMAIL US

M&FRC: aafrc@us.af.mil
Transition Assistance Program (TAP):
375fss.afrc.tap@us.af.mil
Exceptional Family Member Program (EFMP):
375fss.efmp@us.af.mil
Voting Assistance Program: vote-02-02@us.af.mil

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